



## Rules of Indoor Hockey 2015

### Mandatory Experimental Rule 2.3b – Goalkeeper Substitutions - Additional guidance for teams and officials

The number of times which a team may substitute a fully kitted GK off the pitch is limited to a total of two per match: -

- If a team starts with a GK on the pitch – they (or another fully kitted GK) may come off the pitch a total of twice. After the full allocation of GK substitutions off the pitch has been used, a fully kitted GK may re-enter the pitch one more time (but may not come off again, otherwise this would exceed the substitution limit)
- If a team starts with no GK on the pitch – exactly the same situation applies as above, the initial entry of the GK onto the pitch does not count towards the substitutions limit; it only counts when they are substituted off the pitch

If a GK is suspended or injured: -

- Substituting a GK following an injury or suspension counts towards the total number of substitutions off the pitch
  - The return of the GK following suspension does not count, provided they are replacing either a field player or a player with goalkeeping privileges
  - If the GK returns to the pitch and replaces another fully kitted GK, this also counts towards the total number of allowed substitutions

If a team has used their full allocation of GK substitutions: -

- If the on pitch GK is injured or receives a temporary or permanent suspension, then for safety reasons one further substitution of a fully kitted GK onto the pitch is allowed
- As above, if the on pitch GK is suspended and a fully kitted GK is brought on to the pitch, upon the completion of the GK's suspension, he is not allowed back on the pitch and will need to return to the team bench

### Penalty Strokes

- If a team is playing with 5 field players, and a PS is awarded, they may bring a GK on to defend the PS. However, if following the PS, the GK then returns to the team bench, this counts towards the allowed number of GK substitutions off the pitch
- If a team has used both their GK substitutions off the pitch, is playing with 5 field players, and a PS is awarded, they may still bring their GK on to defend the PS, however the GK would then have to remain on the pitch afterwards, otherwise this would exceed the allowed number of GK substitutions off the pitch

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